

Freudian Psychoanalysis

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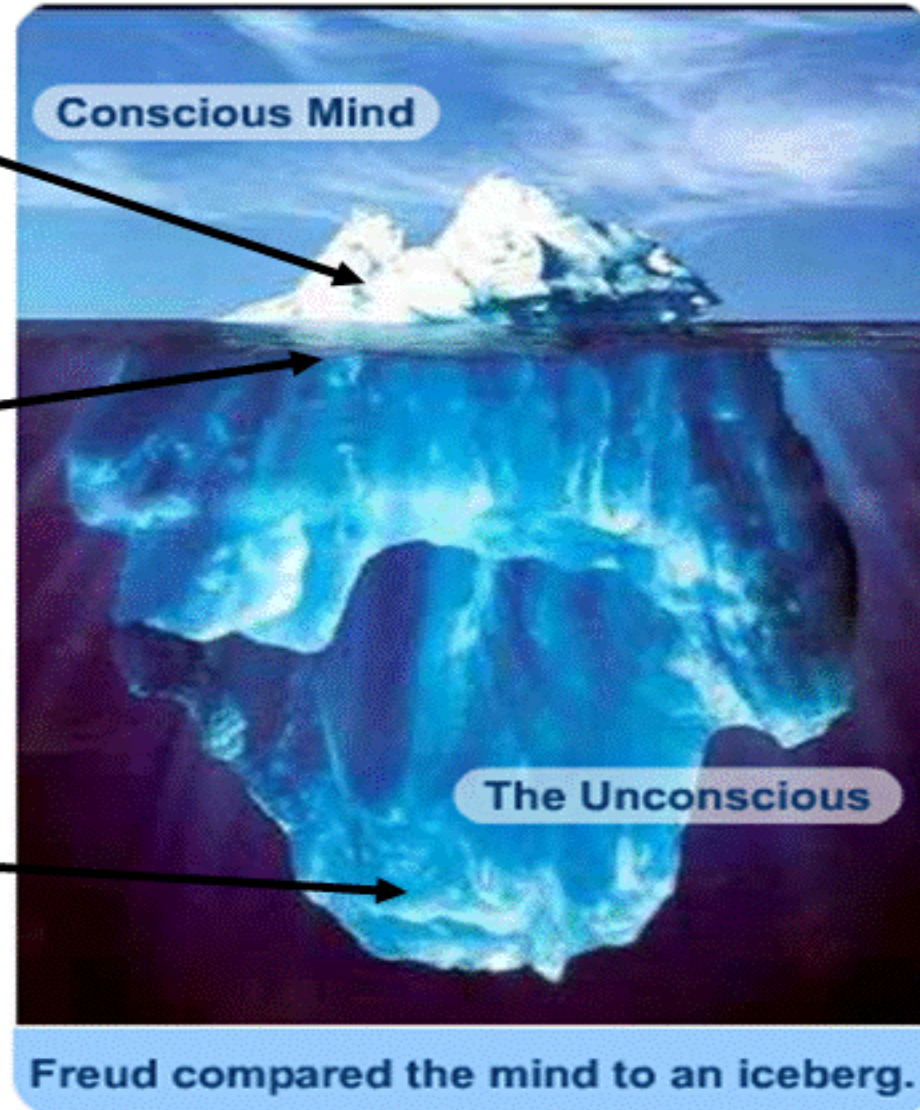
The Unconscious Mind

The conscious. The small amount of mental activity we know about.

The subconscious. Things we could be aware of if we wanted or tried.

The unconscious. Things we are unaware of and can not become aware of.

The **id** is part of the unconscious mind and comprises the two instincts: Eros and Thanatos.



Thoughts
Perceptions

Memories
Stored knowledge

Instincts – Sexual and
Aggressive

Fears
Unacceptable sexual desires
Violent motives
Irrational wishes
Immoral urges
Selfish needs
Shameful experiences
Traumatic experiences



Id:

Instincts



Ego:

Reality



Superego:

Morality

ID

- Instinctive and primitive
- Entirely unconscious
 - Pleasure principle
 - Center of wants and primal desires
- Demands immediate satisfaction
 - Born with it
- Located in subconscious
 - Unconsciously tries to satisfy basic sexual and aggressive drives
 - Pleasure Principle

EGO

- Rationality
- Ensure that Id's wants are acceptable in the "real world"
- Mostly located in the conscious part
- Moderator between ID and SuperEGO
 - Logical aspect of personality
- Conscious part of the personality with "executive powers"
- Reality Principle

SUPEREGO

- Sense of right and wrong
 - Both in conscious and unconscious
 - Learned rights and wrongs that control you
 - Moral aspects of personality
- Represents internalized ideals and provides standards for judgment
 - What we should do
 - Right and wrong
- The conscious (prevents us from doing morally bad things)
- Ego ideal (motivates us to do what is morally right)

Id

I need
to eat right
this second!

Ego



SUPEREGO

You can't do
that because
you're in the
middle of an
important
meeting.

